Why focus on the caregiver?

- Particularly towards the beginning of the recovery, the patient’s success falls into the hands of the caregiver.
- The caregivers ultimately have to take on a great deal of responsibility that may create difficulties, depending on their circumstances.
- Caregivers have previously reported issues finding time for themselves, as well as trouble dealing with familial and professional responsibilities.
- They often experience physical or emotional stress.

What can we do to help?

- Encourage the caregiver to identify needs through taking the caregiver survey and assessment.
- Let them know how important it is for us to know the issues and concerns, to better support them, along with the patient- let them know that COMPASS is about them, too!
- Ensure that the caregiver is capable of helping the patient, mentally and physically.
- Express your concern for the well-being of the caregiver, themselves.