Tips for Choosing Your Community Resource Network Members

1. Choosing a Community Resource Network is a process that works best when a team is involved. Include colleagues in your hospital or health system to be a part of your Community Resource Network Selection Committee that can help choose members. If your health system has a social worker or community outreach, these people could be a good resource for this committee.

2. Plan to have at least 1 or 2 meetings with your Community Resource Network Selection Committee to decide on a group of ~10 local community leaders who can help you connect patients to the services they need after they leave the hospital.

3. Use the “My Community Resource Network” document to get an idea of the type of people that would be good to include in your network.

4. When reaching out to the Area Agency on Aging, start with the Agency Director to get their buy in. The “information and assistance” case worker type will be the best person moving forward. Both could attend the first meeting.

5. When choosing members to be a part of your Community Resource Network, think in terms of social networks: 1) Include members who have non-overlapping networks. You can reach people in your community in 1 or 2 steps through members’ networks. 2) Identify the hubs (connectors) in the community and include them. They have wide reach to information and resources.

6. Reminder: The goal is to find the people who can support the PAC to help patients get what they need to optimize recovery and prevent readmission.

7. When choosing members, think of people who would most likely be engaged in the resource network.

8. The PAC is the point person for the Community Resource Network but please feel free to bring someone else to help coordinate efforts.