Advance Practice Provider Checklist

1. Hospital Review
   ✓ Discharge Summary
   ✓ Evaluate for completed stroke work-up
   ✓ Type of Stroke and etiology

2. Neurological Evaluation and Symptom Assessment
   ✓ Status of Neuro deficits
   ✓ New symptoms or concerns – is more work-up needed?

3. Complications/Risk for Readmission
   ✓ UTI
   ✓ Pneumonia (PNA) (high suspicion of aspiration PNA given a thickened liquid diet, nectar/honey thick)
   ✓ Dehydration (more at risk especially with thickened liquids)
   ✓ Bleeding (hematuria, melena)
   ✓ Dysphagia
   ✓ Cognitive Deficits (may need MOCA)
   ✓ Spasticity
   ✓ Depression
   ✓ Safety Concerns (24-hour supervision required, repeated falls, mismanages medications)

4. Risk Factors Assessment
   ✓ HTN
     o Are you checking your BP at home?
     o What are your numbers?
   ✓ DM
     o Are you checking your blood sugar at home?
     o What are your numbers
   ✓ HDL
     o What are your numbers?
   ✓ Atrial Fibrillation
     o INR
     o Cardiology referral?
   ✓ Lifestyle management
     o Smoking
     o Obesity
     o Alcohol
     o Illicit Drugs
   ✓ Other Risk Factors
5. Secondary Prevention

✓ Ischemic
  o Antiplatelet or anticoagulation
  o Statin
✓ Hemorrhagic
  o Blood pressure management

6. Medication Management

✓ Review potential side effects
✓ Address barriers
✓ Refill any medications

7. Continued Stroke Work-Up

✓ Cryptogenic stroke
  o Heart monitor for Afib
  o Suspected hypercoagulable state (genetic or acquired) - <50, idiopathic blood clots that occur or recur, history of frequent miscarriage, family history of clotting disorders?)
✓ Repeat any imaging needed

8. Discuss Expectations for Recovery

9. Follow-Up

✓ Neuro
✓ PCP
✓ Back to work/FMLA
✓ Driving

10. Create a Care Plan

11. Discuss Care Plan with Patient